# Certified Hypnotherapist

**Program Details** 

AMERICAN ACADEMY OF ELITE PERFORMANCE COACHING www.AAOEPC.com

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# Certified Hypnotherapist (By AAOEPC)

# What is it?

A complete training in clinical hypnosis that is accredited by the National Guild Of Hypnosis (NGH)

# ❖ Why is it different / special?

- 1. You receive a hypnotherapist or hypnotist certificate from NGH
- 2. Your receive FREE membership from NGH
- 3. Over 100 hours of training
- 4. The taught in English and Arabic
- 5. Practical, result oriented and flexible
- 6. Based on the art and science of success methodology, excellence in leadership and peak performance
- 7. Equips you with the tools, knowledge, and technics to help your client transform and achieve their goals in half the time.
- 8. Prepares you to work with a large choice of clients: athletes, executives, leaders, entrepreneurs, couples, and artists to name few
- 9. You and your clients will see results immediately
- 10. You get certified by an American accredit instructor who learned from the founders of success and transformational coaching: Jack canfield, Richard Bandler, Tony Robbins, and Brain Tracy
- 11. We train and guide you every week until you graduate.
- 12. We support you and we stand by you every step of the way even after you graduate to ensure we all succeed in our mission
- 13. You have Life time access to retake the training LET

# ❖ What will I be able to do?

Our ultimate goal is to prepare you to be the best hypnotherapist / hypnotist you can be. This powerful skill allows you to help yourself first then help others with the following:

# 1. For Individuals:

- ✓ Help athletes, executives, entrepreneurs, leaders and artists achieve more
  goals than any other time in their lives.
- ✓ help your clients with stress management, relationship challenges, anxiety, and mild depression
- ✓ Help smokers stop smoking
- ✓ Work with your clients on weight management, pain management and healthy living
- ✓ Help athletes focus more and get bigger results
- ✓ Changes bad memory and experiences with empowering ones
- ✓ Enables fast learning
- ✓ Replaces fear, of almost anything, with confidence, calmness, and power
- ✓ Changes the game of social acceptance and makes integration a piece of cake
- ✓ Give a high guarantee on achieving goals no matter how big they are
- ✓ Gives an extra edge to Neurolinguistic Programming (NLP), if you're a certified practitioner in NLP (CP-NLP)

# 2. For Athletes and Athletic Coaches

- ✓ Increases performance on and off the field
- ✓ Replaces jitters and fear of the competition with calmness and confidence to win more games
- ✓ Increases focus and clarity to achieve personal and team goals
- ✓ Decreases injury and pain
- ✓ Speeds recovery from injuries

- 3. Be your own boss, set your own schedule, decide how much you make and be an integral part of all the transformations and success stories you help create for your clients.
- 4. Have the opportunity to work with real clients on real challenges even before graduating

# ❖ What will I receive?

- 1. We'll focus on:
  - ✓ Various types of inductions
  - ✓ Various types of deepeners
  - ✓ Various types of emerging techniques
  - ✓ Pain management
  - ✓ Hypnotic games
  - ✓ Stress management
  - ✓ Weight management
  - ✓ Smoking cessation
  - ✓ Various types of catalepsy
  - ✓ Various levels of anesthesia
  - ✓ Self hypnosis

    And much more ...
- 2. Over 100 hours of all-inclusive training:
  - ✓ In-person classroom and hands on training
  - ✓ 80 hours of hands on training. Practice, practice and practice
  - ✓ Business training to start your successful practice.
- 3. Certificate from NGH instructor, peak performance coach and certified trainer
- 4. World class training manuals and material
- 5. Graduation Ceremony
- 6. Bonus Business Training (valued at \$2500):

- ✓ How to market your business and stand out
- ✓ Unleash LinkedIn for your business
- ✓ Master YouTube for your business.

# Program content and schedule

# Phase 1:

o This is the beginning of your commitment to your success. You receive educational materials that opens your appetite to start your hypnosis journey like a professional. The material is NOT a replacement to what you will learn and practice in class. Rather, it is complementary for added benefit to you.

# Phase 2:

- ❖ 3 days in person (face to face) training → 30 hours
  - Class learning objectives: We meet to learn and practice:
    - 1. Various types of inductions
    - 2. Various types of deepeners
    - 3. Various types of emerging techniques
    - 4. Pain management

# Possible On line classes

 This serves as office hours answer any questions you may have from the previous class and so you can be ready for the next one with full confidence and practice

# Phase 3:

- ❖ 3 days in person (face to face) training → 30 Hours
  - Class learning objectives: We meet to learn and practice:
    - 5. Hypnotic games
    - 6. Stress management
    - 7. Weight management

# 8. Smoking cessation

# Possible On line classes

 This serves as office hours answer any questions you may have from the previous class and so you can be ready for the next one with full confidence and practice

# Phase 4:

- ❖ 3 days in person (face to face) training → 30 hours
  - Class learning objectives: We meet to learn and practice:
    - ✓ Various types of catalepsy
    - ✓ Various levels of anesthesia
    - ✓ Self hypnosis
    - ✓ Lastest trends in the field

# \*\*\* FULL Graduation Ceremony \*\*\*

# Guidelines:

The main purpose of these guidelines is to maximize your return of your time, effort and money investment. Let's have an outstanding training.

- 1. During any class:
  - ✓ Mutual respect is a must
  - ✓ Everything talked about in class is private.
  - ✓ No video, audio or pictures taken during any class session
- 2. Participation
  - ✓ Presence in all face to face classes is mandatory
  - ✓ Presence in all online classes is optional

# Frequently Asked Questions (FAQ):

# 1. Who should attend this program?

- ✓ If you deeply have sincere desire and ready to transform your life first then impact others around you transform theirs then you're the right person for the program
- ✓ If you believe you can help others, don't know how, and actively looking for ways to do it, then you're the right person for the program
- ✓ If you believe you're a leader and can contribute to building strong leaders then you are the right person for the program
- ✓ If you always wanted to be a part of a successful athletic journey then you're the right person for the program
- ✓ If you always wanted to control your own schedule, enjoy a good income and be an active member of your society, then you're the right person for the program

# 2. Who should NOT attend this program?

- ✓ If your main goal is to make money and nothing else, this program is NOT for you
- ✓ If you want to gain control over people through the powerful tools in this program, your career as a change agent will be short. This program is NOT for you.
- ✓ If you're not willing to learn, work with diligence and strive to continuously improve yourself, this program is NOT for you

# 3. Why is the price of the program discounted?

Great question. Our main goal is to train builders of the future. People who can transform their circumstances no matter what the challenges are. People who sincerely want to positively impact their community. People who want to create a positive wave of successful living to inspire the world to be a better place. We believe in giving first in order to receive, and this is our way of giving. We're investing in you before you invest in yourself. That's how much we believe in you.

# 4. How long is the program?

Nine full days of live, in person sessions . In some circumstances we may teach you more even after the last class to ensure you received what will prepare you to be the best elite performance coach possible

# 5. How much is the program?

The cost is relative to your location in the world. We know that every economy is different and the value of currency is different from one country

to another. We care about you being an exceptional coach and impact your society first. Therefore, and to serve you, the cost is discounted and tailored to your environment. Contact our student services and we will share with you the cost of the program in your location.

# 6. Why do we need so many hours of training?

- ✓ To equip you with as much potential, knowledge and expertise so you can hit the ground running as a confident coach and agent of change
- ✓ To exceed your expectations, give you the best education possible, and ensure that your time with us is well spent

# 7. What can I do with this training?

- ✓ For Individuals:
  - Help athletes, executives, entrepreneurs, leaders and artists achieve more goals than any other time in their lives.
  - help your clients with stress management, relationship challenges,
     anxiety, and mild depression
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# 8. What makes this training special / unique?

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- ✓ We support you and we stand by you every step of the way even after you graduate to ensure we all succeed in our mission
- ✓ You have Life time access to retake the training LFT

# 9. Do I have to attend all the classes?

Yes. For your best interest in acquiring the necessary knowledge and certification

# 10. Is the certificate accredited and recognized?

Yes. You receive a hypnotherapist or hypnotist certificate from NGH, the largest and oldest hypnosis organization in the world.

# 11. What's Life Time Access (LFT)?

You are welcome to come back and retake this program after you graduate as many as times as you want. As long as there's seat availability we encourage you to come back. Contact our student support staff and we will take care of you.